May 2024

FUELING OUR STUDENTS DAILY

Monday thur Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Lunches			[1]	[2]	[3]
Variety of Cereal					<u>"</u>
Muffins & Cinnamon Buns			Chicken Nuggets	Beef Taco's w/ L & T,cheese,salsa	Pizza
Fruit Juice & Milk Included			with a Soft Pretzel	Steamed Brown Rice	Romaine Lettuce Salad
			Steamed Green Beans	Steamed Mixed Veggies	Boars Head Ham & Cheese
Your Complete Lunch will Inclede:			Boars Head Ham & Cheese	Boars Head Turkey & Cheese	
			Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray
 Start with at least one Fruit or Vegetable 			Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray
Assorted Fresh Fruit & Canned Fruit			Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored
Locally Fresh Grown Rainbow Vegetable Tray	[6]	[7]	[8]	[9]	[10]
Hot Vegetable of the Day	Corn Dog Nuggets	Waffles w/syrup	Chicken Nuggets w/dinner roll	Mozzarella Sticks w/sauce	Cheese Pizza
	Veg Baked Beans	Boars Head Ham & Cheese	Boars Head Turkey & Cheese	Boars Head Ham & Cheese	Boars Head Turkey & Cheese
	Boars Head Turkey & Cheese	Turkey Sausage Patty	Mashed Potatoes	Fresh Steamed Broccoli	Mixed Green Salad w/tomatoes
2. Choose One Daily Menu Entrée Items:	Sweet Potato Lattice Fries	Potato Smiles	Green Beans		
In addition offered daily:	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray
Chef Salad/Sunbutter & Jelly/ PB&J	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray
Bagel Box	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored
We proudly announce the introduction of					
Boar's Head Dell Meats	[13]	[14]	[15]	[16]	[17]
Variety of Pizza	Hot Dogs on Whole Wheat bun	Chicken Tenders	Hamb/Chburger on a bun	Mac & Cheese	Personal Pizza
3. Choose one 8 oz Milk	Boars Head Ham & Cheese	Boars Head Turkey & Cheese	Boars Head Ham & Cheese	Boars Head Turkey & Cheese	Boars Head Ham & Cheese
Low-Fat White or Flavored Milk	Baked Beans	Baked Sweet Potato Fries	Oven Fries	Dinner Roll	Mixed Green Salad w/tomatoes
	Steamed Carrots		Steamed Sweet Corn	Steamed Broccoli	
	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray
	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray
	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored
All lunches are served with a choice of	[20]	[21]	[22]	[23]	[24]
fruit, vegetable, and	Chicken Nugget	Taco's w/ lettuce, tomato,cheese,salsa	Pizza Crunchers	Chicken & Veg Dumplings	Stuffed Crust Pizza
Milk 1%, Skim or fat free flavored	Boars Head Turkey & Cheese	Boars Head Ham & Cheese	Boars Head Turkey & Cheese	Sweet & Sour Sauce	Boars Head Turkey & Cheese
	Sweet Potato Fries	Sweet Corn/Brown Rice	Fresh Steamed Broccoli	Boars Head Ham & Cheese	Garden Salad
Take at least 3 food groups for a healthy meal:				Brown Rice / Oriental Veg	_
fruit or vegetable or both	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray
Whole Grain Food	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray
Lean Protein	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored
Dairy					
	[27]	[28]	[29]	[30]	[31]
		French Toast Sticks	Chicken Street Tacos w/salsa	Hot Dogs on Whole Wheat bun	Cheese Pizza
The Food Service	No School	Boars Head Ham & Cheese	Boars Head Turkey & Cheese	Boars Head Ham & Cheese	Boars Head Turkey & Cheese
Department is looking	Memorial Day	Turkey Sausage Pattie/Hash Br Potatoes	Seasoned Brown Rice	Baked Beans	Garden Salad
for substitute help in our					"
Cafeterias. Please		Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray	Locally Grown Veggie Tray
contact: Kristin Gagnon at kgagnon@torrington.org		Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray	Rainbow Fruit Tray
Phone: 860-489-2327 ext. 1627		Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored	Milk 1%, Skim or fat free flavored
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Menu Subject to Change without Prior Notice